



NEW BEGINNINGS PRESCHOOL INC.

Ngā Timatanga hou

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September NEWSLETTER

16 September 2019

Kia ora, Kumusta (Tagalog), Namaste (Fiji Hindi), Talofa lava (Samoan), Mālō e lelei (Samoan), नमस्ते (namaste – Nepalese), আসসালামু আলাইকুম (Asôlamu alaikum-Bengali), നമസ്കര (namaste- Indian – Malayalam) parents/caregivers and whānau,

Into - We welcome **Javaya Ka** and her family to New Beginnings Preschool. We hope you have a wonderful time with us.

Within - Happy second birthday recently to **Soul** who has now transitioned to the over two's room.

Beyond - We said goodbye to **Ahmed and Payton** and to **Francis** as he turned 5 and is going to Linwood Avenue School. Happy School days Francis.

Thank you to our amazing presenters who came to our Parent Information evening:

Maree Murdoch Plunket, Helen Potter Nutrition Adviser, Nina Maifea Dental therapist, Jenni Marceau Health promotor, ECE and Luci Plunket and to Colgate for their donation of free toothbrushes and toothpastes for all the children.



Our key oral health messages for tamariki

- Baby teeth matter - they help me smile, chew and talk
- Brush teeth twice a day- morning and night - with fluoride toothpaste
- Brush teeth together with whānau
- Spit don't rinse after brushing
- Choose water and plain milk to drink
- Choose healthy kai
- Have a dental check-up each year To enrol or book an appointment for a pre-schooler contact 0800 846 983 or comm dental@cdhb.health.nz.
- If you are concerned about your children's' teeth, please talk to the teaching team who can help with any information. Free brochures, recipes and toothbrushing charts in foyer.

Curriculum and Planning

- **Te Wiki o te Reo Māori week; 9 - 13 September** - The chosen theme for 2019 is 'Kia Kaha te Reo Māori'. 'Kia Kaha' is well understood in New Zealand with its meaning of 'be strong'. We often talk about languages as if they are people - talking about language health, strength and revitalisation. So, when we say 'Kia Kaha te Reo Māori' we're saying - 'Let's make the Māori language strong'. Here at New Beginnings Preschool we want our te reo usage to be strong for all our tamariki.
- **Helen Potter** - Helen is the Heart Foundation, Nutrition Advisor and comes to the preschool every second Friday. She has been showing the children how to make healthy smoothies, kai that is rich in calcium for our bones and has shown us all the sugar in drinks - see poster in preschool! Did you know there is over 6 teaspoons of sugar in flavoured milk?

Snippets this month



SUNHATS: As the days become longer and warmer please remember to send a named brimmed sunhat for your child to wear. It is part of our Sunsmart policy and compulsory for children and teachers to wear a sunhat in Terms 1 and Term 4.

- **Fresh Fruit** - Thank you all for the families who are bringing **one** piece of fruit each week to contribute to the fruit bowl. The bowl is beside the lunch boxes. The children are really enjoying this.
- **Lost property** - there is a lot of good jerseys/jackets/socks/tops in the lost property. Please check.
- **Health and Safety** - Please keep your child home if unwell. Still be vigilant re measles and keep us up-to-date re your child's immunization. Remember you need to keep your child home for 48 hours from the last system if they have had vomiting and/ or diarrhoea.
- **Keeping contact details up to date.** If there are changes to who can pick up or who cannot collect your child, please advise Rochelle at the office so we can keep our records up-to-date to ensure only authorised adults are collecting children.
- **Bunnings BBQ Fundraiser** - Sunday 3rd November - Please see Rochelle if you can spare an hour for the day. The money raised from this will go towards new waterplay and sandpit equipment .
- **NOTE: Preschool two-week closure.** We have a two-week compulsory shutdown in the summer. We are closed from Monday 23rd December and reopen Monday 6th January 2020. Last day for the year is **Friday 20th December.**



Acting Centre Manager- My last day as your Acting Centre Manager is this Friday 20th September and the Board has appointed Mandy Packer as your new Acting Centre Manager from Thursday 19th September until February 2020. Mandy comes with 19 years of early childhood education experience and has been Centre Manager in other preschools. I am sure you will make her feel very welcome. I have enjoyed working with your amazing teachers and getting to know your children here at New Beginnings Preschool and I wish you all the best. Kind regards, Jo Knudsen, Acting Centre Manager